## COOPERATIVE EXTENSION





## At HMEwith ECA

Online learning series on the 1st Thursday of each month at 11 AM

Want to learn more about Extension and Community Association (ECA) and how to become a volunteer in your county? Join us this year as we connect with one another to learn new life skills while being At H<sup>^</sup> ME with ECA!

## **Register For:**

March 3rd. 2022 **Decluttering Your Space** and Your Mind



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sometimes they can overwhelm us, turning into a difficult task to manage. Join us to learn some great tips about how to deal with belongings that may be cluttering your home and your mind.

Holding on to belongings and

memories is normal but

MEET YOUR NORTH CENTRAL DISTRICT FAMILY AND CONSUMER SCIENCES AGENTS:



JAMI LAWHON DAVIDSON COUNTY



JENNIFER BROWN GRANVILLE AND PERSON COUNTIES



RANDOLPH COUNTY



SAVANNAH MOORE STOKES COUNTY



YADKIN COUNTY



VINCENT WEBB **GUILFORD COUNTY** 



CARMEN LONG SURRY AND ALLEGHANY COUNTIES



SHAMECA BATTLE GUILFORD COUNTY

ACCOMMODATION REQUESTS RELATED TO A DISABILITY SHOULD BE MADE TWO WEEKS PRIOR TO ADDIE WILSON AT ALWILS24@NCSU.EDU OR 336-849-7908



COURTNEY TEVEPAUGH WILKES COUNTY



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