

Surry County Center

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Contact Us

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Summer Coming to a Close!

School has begun again and our summer fun programs are coming to a close! This summer looked different than most, but we were able to continue our programs virtually! Our 4-H'ers participated in many district and state level programs this summer. We had District Activity Day, 4-H Congress, 4-H Citizenship NC Focus, District Teen Retreat, and 4 -H Electric Congress! North Carolina 4-H also hosted a Virtual Summer Camp Out and multiple summer fun programs. Here in the county, we held virtual programs as well. We had youth painting alongside an artist, learning about pollinators from local bee keepers, preserving fresh food, working in gardens, and had an opportunity to learn about local agricultural technology. For almost all of our local programs, we were able to provide a kit of the needed materials for our youth!





Images to the left are from our Agricultural Technology Series!



The images above are from our Summer Gardening Program!

Images to the right are from our Pollination Station and Painting with an Artist Program!





A big thank you to everyone that helped ensure the success of these local programs! We also would like to say thank you to our participants! We hope you will all enjoyed 4-H this summer and that you will keep an eye out for more programs from Surry County 4-H!



Upcoming 4-H Programs

North Carolina 4-H has some awesome upcoming opportunities for 4-H'ers! They are outlined below with more details coming soon!

4-H Southern Region Teen Leadership Virtual Conference—This conference is for youth ages 14—18 and will be held from September 24th—September 26th, (meetings will be held in the evenings on school days). This is a **free** event, you just need to be a member of 4-H and approved in 4-H Online! Please contact Bailey McGill for more information, registration is due September 9th!

4-H Craft Showcase—Even though the North Carolina State Fair is cancelled this year, you will still have the opportunity to show off your crafts! If you would like to participate, get your items ready and take some pictures! More information will be coming soon!

4-H Family Hay Bale Fun—Since we are not able to have our Hay Bale Contest at the North Carolina State Fair this year, there will be a 4-H Family Hay Bale Contest! Families will be able to decorate a hay bale and submit it for judging! Keep an eye out for more information on this fun opportunity!

4-H Entertains—Have a talent you want to share? We will have our 4-H Talent Showcase virtually this year! You will have to be 8—18 years old and a member of 4-H to participate. The deadline for our county will be Wednesday, September 16th to ensure enough time to submit by the state deadline. For more information, contact Bailey McGill or see the following link: https://nc4h.ces.ncsu.edu/2020/08/4-h-showcase-of-talent/.

Keep an eye on our County Website and Facebook Page for local programs this fall!

Want to Get Involved With 4-H?

To participate in 4-H, youth just have to be from 5—18 years old! 4-H'ers have the opportunity to participate in local, district, state, and even national programs! 4-H helps youth develop life skills through growing their knowledge of a subject while doing hands—on activities they enjoy!

If you are interested in joining, you can sign up though <u>4-H Online</u> and will need to set up a profile! From there, the system will walk you through the required steps.

We are always looking for ways to serve the youth here in the county through 4-H. If you would like to help us do this, please contact Bailey McGill, the Surry County 4-H Agent for more details!



Fun Things To Do As A Family

Looking for activities the whole family can enjoy? Check out the ideas below for ways you can connect and relax as a family!

 Work with your children to plan a dinner menu! To ensure you are getting a balanced meal, use My Plate as a guide! After the planning is done, have fun in the kitchen

preparing the meal together and talking around the dinner table as you enjoy your creation!



- Try going for a walk or a hike somewhere local you haven't been before! Walking is great for our health and it is a fun way to get outside while the weather is still nice! Be on the look out for different plants and animals as you go!
- 3. Hold a family game night! You can play card games, board games, or even do puzzles together! The possibilities are endless!
- 4. Have a scavenger hunt! This can take place indoors or out! Come up with a list of items and set a timer, then see which family member can find the most items within the time limit! You can even decide on a prize—like picking the next movie you watch or deciding on the dessert for the evening!
- 5. Go on a picnic! Pack up your family's favorite foods and enjoy the outdoors! Be sure to grab a blanket or something to sit on!
- 6. Rainy weather have you stuck inside? Pick a movie for the whole family! You can take a trip to the store and pick up some popcorn and candy to make this feel just like you are at the theater!

Nature Adventures with NC 4-H Camps!

This is an awesome opportunity for educators and families! This virtual resource is provided by the NC 4-H Camp team and consists of 7 lessons all aligned with North Carolina Standard Course of Study teaching standards. These lessons are provided at no cost – all you need to do is register! All sessions will be hosted through Zoom. If you can't watch them live, register for the recorded version and watch when it works best for you! The lessons topics are listed below!

- Coastal Ecology: September 18th at 9:00 am
- Beaver Pond Explorations: October 1st at 9:00 am
- Pine Forest Ecology: October 14th at 9:00 am
- Stories in the Stars Astronomy: October 27th at 9:00 am
- Nature Crafts: November 9th at 9:00 am
- Outdoor Survival Skills: November 20th at 9:00 am
- Sharks Teeth and Fossils: December 8th at 9:00 am

For more information and to register, use the link <u>here</u>!

(https://sites.google.com/ncsu.edu/nc4hcampsnatureadventures/home)



Hearing From You!

If you did not participate in our County Summer Fun Programs this year, I would love to hear from you! Below is a link to a short survey where you can provide your feedback. If you have any questions or concerns that you would like to discuss, please feel free to email or call Bailey McGill at bailey_mcgill@ncsu.edu or (336) 401—8025. As we move into the fall, I am hoping to plan programs that are beneficial to you! With your feedback and suggestions, our programs can be improved. Your input and participation would be greatly appreciated!

The survey link can be found <u>here</u>! (https://docs.google.com/forms/d/e/1FAIpQLScnjRFwS-V7pte5vfyj9K93-gTz2pRzx8s5CQjEa3JSoCAIw/viewform?usp=sf_link)

Thank you for your help in improving our programs and for your time!





The North Carolina 4-H Website:

Here you can find information on upcoming programs and more information on how to get involved! *https://nc4h.ces.ncsu.edu/*

The North Carolina 4-H YouTube

Channel: Houses educational videos on a variety of topics! Most will lead youth through an activity as well! https://www.youtube.com/channel/ UCtgeWTDy0XRf0QXHIY7mvew

North Carolina Colleges: Includes facts/statistics and virtual reality tours of campuses!

https://www.northcarolina.edu/ institutions/

North Carolina State Extension Website for COVID-19 Resources: This includes many articles and other sources of information for COVID-19. https://covid19.ces.ncsu.edu/

Specific COVID-19 resources for Youth and Families can be found here: https://covid19.ces.ncsu.edu/youthfamily/





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Accommodation Statement: For accommodations for persons with disabilities, contact the Surry County Center at (336) 401-8025, no later than five business days before the event.