It's time for fun in the sun!

Summer Explosion

Surry County 4-H Youth Development

Summer 2019

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Contact Us

For more information about joining a 4-H club, or subscribing to our newsletter, please contact:

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Phone: 336-401-8025
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surry.ces.ncsu.edu

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What is Summer Explosion?

Summer Explosion is a program for youth in grades K - 12. The program is provided by 4-H of North Carolina Cooperative Extension. Each class is designed to be fun, educational, and a hands-on learning experience. Classes are set up by age range, and we ask youth to register for classes based upon their current age at the time of registration.

Registration for **Summer Explosion** classes will open on May 20th and will continue until classes are full or until one week before a program starts. This year you must register through 4-H Online to participate in any 4-H activities: https://www.4honline.com/. This process takes the place of completing any paper forms you may have needed in the past. After you have completed this process, follow the links provided on the Surry County 4-H Page: https://surry.ces.ncsu.edu/categories/4-h-youth-development/

Payment must be mailed or delivered seven calendar days from the time stamped online registration or we will assume you are no longer interested in participating. In this event, the spot will reopen or go to the first person on the waiting list. You can also register in person at the N.C. Cooperative Extension office in Dobson.

You may register family members and no more than two non-family youth. If you would like to volunteer to help with any classes, or for more information, please call 336-401-8025.

Each participant is required to pay a $13.00 registration fee that includes the 2019 Summer Explosion T-shirt and entry to Summer Explosion night. It is recommended that this shirt be worn to all classes.

You may not just drop your child off. You must sign youth in and out.

Program agendas are subject to change at the discretion of the 4-H Agent

Additional Information:

- Unless otherwise noted, classes will begin at the North Carolina Cooperative Extension, Surry Center, 915 East Atkins Street, in Dobson.
- Due to state law, children are required to travel safely secured in a child safety seat until they are at least 8-years-old or weigh 80 pounds. If your child falls under this law, parents will be required to provide a child safety seat for each participant for programs that will require travel. **Please note:** the 4-H program will not be able to provide any additional seats, and participants must have proper seating equipment in order to participate.
- To be eligible to attend Summer Awards night, the youth you are registering MUST participate in at least **one** Summer Explosion class and the fees for awards night must be paid **when you register**. There are no exceptions.
- If you register your child for a class and fail to show, there will be no refunds for the cost of the class.
- If a class is cancelled for adverse weather, it will be rescheduled at the convenience of the agent, and all participants will be notified accordingly.

When: Tuesday, June 18th & Wednesday, June 19th
9:00 a.m. - 12:00 p.m.
Who: 9-13 years-old
Where: Extension Office
Cost: $5.00
Limit: 15

Come play games that will increase your knowledge of nutrition, learn fun and inexpensive ways to be more physically active, and participate in taste testing to expand your pallet.

Fun With Fish

When: Friday, June 28th
8:30 a.m. - 4:30 p.m.
Who: 12-18 years-old
Where: Meet at Extension Office
Cost: $10.00
Limit: 12

Participants will learn about stream restoration, aquatic life and fish life-cycles in the Mitchell River Watershed. Participants will have the opportunity to cast a line and get wet while searching for aquatic life.
Closed toed shoes are required.
Bring a bag lunch and a drink.

When: Monday, July 15th
8:30 a.m. - 2:30 p.m.
Who: 5-8 years-old
Where: Extension Office
Cost: $10.00
Limit: 20
Discover the wonders of creepy crawly critters called pollinators. Learn why they are important and how we can protect them and play with them!! Explore their funny attitudes. We peek into an observation hive, dress in bee-keeping attire, make recipes with honey, and act like pollinators. Fun is what it is all about with these creatures. Leave your fear at home and come investi-gate!
Closed toed shoes are required.
Bring a bag lunch and a drink.

Emerald Point

When: Tuesday, July 16th
8:30 a.m. - 5:00 p.m.
Who: 8-18 years-old
Cost: $40.00
Limit: 12

Join us for a wet n' wild day of fun in the sun! We will begin with a short workshop on water and sun safety, and then spend the rest of the day enjoying the water park. Whether you prefer to go down the highest slides or relax in the lazy river, the park has something for everyone! Registration includes lunch: hamburgers, hotdogs, chips, ice cream and a drink. **Participants MUST be able to swim!**
Bring a change of clothes, bathing suit, towel, and sunscreen. You may want to send extra money for snacks / drinks or the gift shop.

Chopped Challenge

When: Wednesday, Thursday & Friday
July 17th, 18th & 19th
8:30 am - 2:30 pm
Who: 9-15 years-old
Where: Drop off & pick up at Extension Office unless otherwise noted.
Cost: $20.00
Limit: 18

Three days full of fun and best of all FOOD!!! Have fun learning where today's food comes from as we visit a real produce farm and talk to the farmer who grows the food. Learn how to find the nutritional value of food and what that means. And don't tell mom, we'll be playing weird and crazy games involving food! End day three with your team using the information learned as you compete to create the most flavorful recipe ever.
Closed toed shoes are required.

Chef and Child

When: Tuesday, Wednesday & Thursday
July 23rd, 24th & 25th
Who: 10-18 years-old
Cost: TBD
Limit: 12

Chef & Child is sponsored by Lowe's Foods and the American Culinary Association Chefs. Learn to cook from a real chef when you participate in Surry County's Chef and Child experience. Chef Rob Creel will share recipes for some delicious meals and snacks during this hands-on opportunity. Come hungry and ready to eat your own culinary creations..

4-H Fiesta

When: Friday, July 26th
9:00 a.m. - 1:00 p.m.
Who: 5-7 years-old
Where: Extension Office
Cost: $8.00
Limit: 16

Piñatas to tacos, our Latino friends have given us some of our favorite things. Learn more about the Latino culture while exploring music, arts and crafts, and foods as we prepare and experience a fabulous 4-H fiesta!

Safari Zoo Snooze

When: Saturday & Sunday
July 27th & 28th
Who: 8-12 years-old
Where: NC Zoological Park
Cost: $40.00+ spending money for lunch and souvenirs
Limit: 5

Come with us as we safari through Africa and North America exhibits on an overnight adventure to see creatures and plants from different areas of the world. Participants will get to hand feed giraffes from the giraffe deck and partake in the "Birds in Flight" exhibit where we'll see majestic macaws, sun conjures, hawks, owls, falcons, and owls demonstrate natural behaviors and perform aerial acrobatics! The fun will resume the next morning as we explore the zoo on our own. The zoo takes about four hours to walk through and view all the exhibits. Please wear comfortable closed toed shoes! Pack lunch, water bottle and extra money for gift shops, snacks/beverage stations. Further instructions will be distributed upon registration. Preference given to first time participants.

Preserve It & Serve It

When: Monday July 29th
8:30 a.m. - 2:30 p.m.
Who: 10-18 years-old
Where: Extension Center
Cost: $15.00
Limit: 12

Can't take the heat? Get out of the kitchen! We'll be using local produce from the Farmer's Market to learn how to can and preserve food. It is no surprise that with a rapidly increasing population it is important that we learn the challenges in our food system and empower our youth to control their personal food supply. What better way to do this than to learn to preserve? In this hands-on workshop, we will focus on different methods including canning, freezing, and pickling. Pack a lunch.

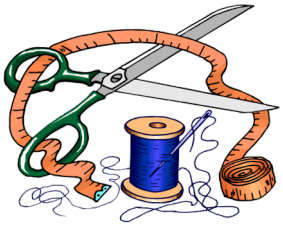
Bugs Galore

When: Wednesday, July 31st
9:00 a.m. - 3:00 p.m.
Who: 5-8 years-old
Where: Fisher River Park
Cost: $5.00
Limit: 20

Come and "Bug Out" with us for a fun day learning all about those creepy crawly bugs through games and activities! Fun is what it's all about.
Bring a bag lunch, drink, towel, and change of clothes. Wear close toed shoes.

Sew Much Fun

When: Thursday, August 1st
9:00 a.m. - 2:00 p.m.
Who: 13 - 18 years-old
Where: Extension Office
Cost: $10.00
Limit: 8



Get ready to express your creativity during this basic sewing workshop. Participants will enjoy a full day of learning basic sewing skills, designing some awesome creations they will get to take home, and having "sew much fun" with friends while learning! Pack a lunch.

Summer Explosion Night!

When: **Friday,** August 2
6:00 p.m. - 9:00 p.m.
Who: Everyone!
Where: Homeplace Recreational Park
Cost: Free for participants
$3.00 per person for family and friends.

Summer is a wonderful time to spend with families, friends, and 4-H. Families and summer participants are invited to join as we celebrate all the accomplishments of those that attended Summer Explosion. Our celebration will be held at Homeplace Recreational Park located in the Ararat community and swimming will be available after the meal and program. Directions available upon registration.

4-H Clubs

4-H Explores:

Contact: Cathy Williams at mountairy4hexplores@gmail.com

Pilot Mountain 4-H Club:

2nd Tuesday of each month - ages 5-18
4th Tuesday or each month - ages 9-18
Pilot Center / 6:00 pm
Contact: pilot4h@gmail.com

Beulah 4-H Club:

2nd Tuesday of every month / 7:00 pm
Beulah Ruritan Club
Contact: Gail Shelton at sheltona110@gmail.com

4-H Congress will be held from July 20 - 23 on the campus of NC State University in Raleigh for 4-Her's ages 13 and older. This is a jam packed few days full of activities including great speakers, workshops, dances, service projects, and lots more! You don't want to miss out on all the fun and exciting opportunities. Scholarships may be available.

Registration is required by Monday, July 1st.
Call 336-401-8025 or email Lauren (lauren_shepherd@ncsu.edu) for more information.

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Open to NEW participants between the ages 10-18.
Registration is required by July 15th!
Call 336-401-8025 to reserve your spot today!

OPEN TO ALL YOUTH AGES 10 TO 18!

Register by calling 336-401-8025.

JOIN | THE REVOLUTION OF RESPONSIBILITY
Cooperative Extension's Youth Development Program

For office use only ☐ ☐ ☐

4-H Summer Explosion 2019 Registration Form

4-H ONLINE REGISTRATION AND FEES MUST BE SUBMITTED WITH-IN SEVEN CALENDAR DAYS.

Participant's Name:_____

Age: _____ D.O.B. _____ Grade: _____

Address: _____

City/State/Zip: _____

Parent/Guardian: _____

Work Phone:_____

Home Phone: _____

Cell Phone: _____

Emergency Phone (name and number):_____

_____

E-mail: _____

The following person(s) have permission to pick up this child (identification will be checked):

_____

_____

T-shirt	
Please check proper size (no numbers please):	
Youth Small	
Youth Medium	
Youth Large	
Adult Small	
Adult Medium	
Adult Large	
Adult XL	

TOTAL OF REGISTRATION	
Explosion Night Total	$
Registration Fee	$13.00
Class Total	$
GRAND TOTAL	$
RECEIPT NUMBER	

Make checks payable to the C.E.S. Fund.

Please check the classes you are signing up for:

☐ **Camp Cook Play** $5.00
Ages: 9 - 13
Tuesday and Wednesday
June 18th & 19th

☐ **Fun With Fish** $10.00
Ages: 12 - 18
Friday, June 28th

☐ **Pollination Station** $10.00
Ages: 5 - 8
Monday, July 15th

☐ **Emerald Point** $40.00
Ages: 8 - 18
Tuesday, July 16th

☐ **Chopped Challenge** $20.00
Ages: 9 - 15
Wed., Thurs., & Fri.
July 17th, 18th & 19th

☐ **4-H Fiesta** $8.00
Ages: 5 - 7
Friday, July 26th

☐ **Zoo Snooze** $40.00
Ages: 8 - 12
Saturday & Sunday
July 27th & 28th

☐ **Preserve It & Serve It** $15.00
Ages: 10 - 18
Monday, July 29th

☐ **Bugs Galore** $5.00
Ages: 5 - 8
Wednesday, July 31st

☐ **Sew Much Fun** $10.00
Ages: 13 - 18
Thursday, August 1st

☐ **Summer Explosion Night**
(Summer participants free - $3.00 for each additional family member.)
Friday, August 2nd

Accommodation Statement

If you are a person with a disability, or desire any assistive devices, services, or other accommodations to participate in any of our activities, please call 401-8025 during the business hours of 8:15 a.m. to 5:00 p.m. at least two weeks before the event to request accommodations.

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