

Extension news

Surry County Center

April 2017

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Summer Explosion 2017



We will begin taking summer registrations on Tuesday, May 16th from 5:30-6:30 pm for enrolled 4-H members at the Extension Center in Dobson. We will then open registration for non-4-H members on Thursday, May 18th from 5:30-6:30. If you are unsure if you are an enrolled 4-H member please call 401-8025 and we will be glad to answer that for you.

Registration will continue to be taken until all classes are full following the registration kickoff. If there is a must have class we encourage parents to come early. Look for a summer brochure coming soon!

FARMERS MARKET

Always Fresh, Always Seasonal, Always Local

There are three Farmer's Markets in Surry County that will be opening in April. Vendors that sell at these markets are the real farmer or artisan that is providing the good at their booth. These markets strive to provide access to the highest quality, fresh, local food to their customers. What a wonderful opportunity to be able to buy fruits and vegetables that have not traveled 1300 miles to get to us. The products at the markets have been harvested the day of the market or the day before. What freshness! And, the shelf life has been extended.



Elkin opens Saturday, April 15 with hours from 9:00 am – 12:00 noon. This market is located in the Town Hall Parking Lot in Elkin at 226 North Bridge Street.

Mount Airy opens Tuesday, April 18 with hours from 9:00 am – 12:00 noon. This market is located in the Mill Creek General Store parking lot at 541 West Pine Street, Mount Airy.

Dobson opens Thursday, April 20 with hours from 3:00 pm – 6:00 pm. This market is located in the new Dobson Square Park at 302 West Folger Street, Dobson.



If you would like more information about being a vendor at the Surry County Farmers Market, call the Extension office at 336-401-8025 or visit our website at: <https://surry.ces.ncsu.edu>. Vendor applications will be accepted until May 27th.

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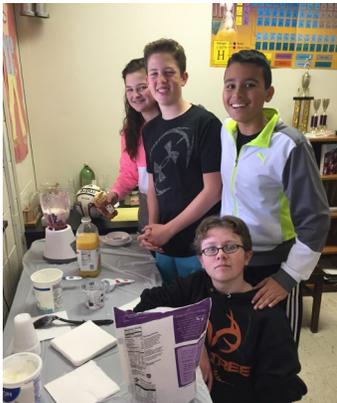
Empowering People · Providing Solutions

Back to School



Local schools learn about plants

Surry County Cooperative Extension Agents, Joanna Radford and Whitney Collins taught over 200 children in ten kindergarten classes about plants. The elementary students learned the parts of a plant, the plants life cycle, what a plant needs to survive, and how plants grow. They investigated strawberry plants and learned that each strawberry seed had to be pollinated before a strawberry was able to develop so they could eat it. As an added bonus, these youngsters planted their own bean seeds and had fun tasting strawberries. They all agreed that plants were great to have around!



Local schools learn about the importance of honey bees

Eighth graders at Gentry Middle School learned about the importance of honey bees as pollinators. Eighty percent of flowering plants must be pollinated through pollinators. To put it into perspective, one in every three bites of food is contributed to a pollinator. This is important stuff! We all like to eat and must eat to survive. Students also learned what they can do to help the bee population and to encourage others to protect our pollinators! And to reiterate the importance of honey bees, each student made a fruit smoothie sweetened with honey for their snack. Without pollinators, there would be NO fruit smoothie!



4-H

ACHIEVEMENT NIGHT HIGHLIGHTS



On Thursday, March 16, 2017 we celebrated our 4-H'ers accomplishments for their hard work and dedication throughout 2016. 4-H youth and their families enjoyed an evening of fun and recognition while learning about 4-H opportunities. Youth who received awards included: 4-H Club Members, Project Record Book Winners, 4-H Achievement Plans, 4-H Youth Awards, 4-H Volunteer Awards, County Council recognition and officer installation. We are so proud of all our 4-H'ers accomplishments and are excited for what is in store for the rest of 2017!

Your 2017-2018 County Council Officers are as follows:

- President-Rebecca Cahall
- Vice President-Laken Williams
- Secretary-Alyssa Johnson
- Senior Reporter-Sydney Tucker
- Junior Reporter-Mallory Estrada
- Pledge Leader-Katherine Isaacs

A special thank you to our wonderful volunteers and staff who made this event possible. We love our 4-H families!



Clover Campaign

The spring Paper Clover Campaign at Tractor Supply Company will be April 26—May 7. During this time frame, customers at Tractor Supply in Elkin and Mount Airy can choose to donate \$1.00 (or more) at the register to 4-H. You will get to put your name on a clover and these will be displayed in the store windows. 100% of the proceeds will go directly to 4-H with 70% coming back to Surry County 4-H. These proceeds can be used to help send children to camp, fund youth scholarships, and to recognize 4-H youth for their accomplishments.

*Thank you for
supporting 4-H!*



ECA Cultural Arts Competition

Surry County Extension and Community Association (ECA) celebrated their annual Cultural Arts Day on Friday, March 17 at the Surry Community College Viticulture Center. The History Mystery themed event was highlighted with a wonderful program by local historian and Siloam ECA club member Marion Venable. Marion shared information on the history of decorative paintings by unknown artists in local historical homes. Participants were especially interested as Marion told a personal history mystery. Recently Marion purchased an antique bowl at a local thrift store. After taking the bowl home and cleaning it up, Marion discovered the treasure was hand painted by her grandmother, who passed away more than 40 years ago in the collapse of the Siloam bridge. Members brought items they created during the past year and competed in the cultural arts competition. Winners are listed below.

If you would like more information on ECA, please contact the Extension Office at 336-401-8025.

NAME	ITEM	PLACE
Gloria Bryant	Sewn wreath-blue and red flowers	1st
Marion Venable	Feed sack pillows	2nd
Carolyn J. Martin	Baby sacque, bonnet, and booties	1 st
Judy Davis	Baby afghan and cap	2nd
Ann Davis	Yellow ribbon, rose	1st
Marilyn Geiger	Heart and egg shape soap	1st
Terri Ratliff	Brown speckle soap	2nd
Lisa Royal	Dreamcatcher	3rd
Debra Wagoner	Market-style sunflower	1st
Terri Ratliff	Jesus and little children	1st
Ann Davis	Beaded Christmas ball	1st
Judy Davis	Red and brown necklace	1st
Gloria Bryant	Hand quilt – hoops	1 st
Shirley Grubbs	Teddy bear and rabbit	1st
Margaret Rakes	Wreath-door	1st
Phyllis Davis	Umbrella-yellow and pink	2nd
Judy Davis	Lake at Sunrise	1 st
Joy Hemmings	Pilot Mountain Early Morning	2 nd
Jane Snow	Tree	3 rd
Lisa Royal	Snowman painting	1 st
Marilyn Geiger	Shadowbox Butterflies	1 st
Sara Bryant	A Sister's Tribute	1 st
Marion Venable	Ola Atkinson – My Grandmother's Story	1st



A Dozen Egg Safety Tips

NC Egg Association / ncegg.org

Eggs are a perishable food and should be treated with care. When cooking or conducting food experiments with children, follow these food safety tips:

- 1.- Buy refrigerated grade A or AA eggs with clean, uncracked shells. Discard any that crack on the way to school or home.
- 2.- Keep eggs refrigerated at 40oF or below in their cartons on a middle or lower shelf in the refrigerator, NOT ON THE DOOR.
- 3.- Avoid contact of the shell with its contents. Use a clean utensil to remove any shell pieces which fall into the eggs when cracking them open.
- 4.- Cook basic egg dishes until the whites are set and the yolks begin to thicken: they don't have to be hard.
- 5.- Cook Scrambled eggs, omelets and frittatas until there is no visible liquid egg remaining.
- 6.- Cook other dishes such as French toast and Monte Cristo sandwiches, crab cakes, pasta dishes, quiches and casseroles until they're done at the center (160oF).
- 7.- Cook the eggs or use a pasteurized egg product when making eggnog, ice cream, Hollandaise sauce and other recipes calling for raw eggs.
- 8.- Keep eggs and egg dishes in the refrigerator as much as possible, allowing no more than 2 hrs at room temperature for preparing and serving.
- 9.- Divide leftovers into several small containers and refrigerate right after a meal so they'll cool quickly.
- 10.- Wash hands, utensils, equipment and work surfaces with hot, soapy water before and after preparing eggs and all other foods. Be particularly careful to wash hands after changing diapers or assisting children in bathroom.
- 11.- When coloring eggs, wash hands thoroughly before handling eggs at every step including cooking, cooling and coloring. Return eggs to the refrigerator at every opportunity. For coloring, use water warmer than the eggs. Use only food-safe decorating materials for eggs to be eaten.
- 12.- Use refrigerated hard-cooked eggs within 1 week. Discard cracked eggs or eggs that have been out of the refrigerator for more than 2 hrs.

CALENDAR OF EVENTS

Fruit Tree Production Workshop

April 4, 2017
6:00 p.m. - 8:00 p.m.
Surry County Extension Center, Dobson

4-H County Council Meeting

April 4, 2017
5:30 p.m.
Surry County Extension Center, Dobson

4-H Plant Sale Pick-up #1

April 6, 2017
8:15 a.m. - 5:00 p.m.
Surry County Extension Center, Dobson

Raised Bed Gardening Workshop

April 11, 2017
6:00 p.m. - 8:00 p.m.
Surry County Extension Center, Dobson

Gardening Panel Discussion

April 18, 2017
6:00 p.m. - 8:00 p.m.
Surry County Extension Center, Dobson

Vinedressers Meeting

April 20, 2017
6:00 p.m.
Surry County Extension Center, Dobson

ECA Spring District Day

April 20, 2017
Cost: \$12.00
Deadline to register: April 12th
Vance County

Organic Gardening & Composting Workshop

April 25, 2017
6:00 p.m. - 8:00 p.m.
Surry County Extension Center, Dobson

Advisory Council Meeting

April 25, 2017
6:00 p.m.
Surry County Extension Center, Dobson

Diabetes & You

April 26, 2017
12:00 p.m. (Noon)
Surry County Extension Center, Dobson



Accommodation Statement

For accommodations for persons with disabilities, contact the Surry County Center at (336) 401-8025, no later than five business days before the event.

Disclaimer

Recommendations for the use of agricultural chemicals are included in this publication as a convenience to the reader. The use of brand names and any mention or listing of commercial products or services in this publication does not imply endorsement by North Carolina Cooperative Extension nor discrimination against similar products or services not mentioned. Individuals who use agricultural chemicals are responsible for ensuring that the intended use complies with current regulations and conforms to the product label. Be sure to obtain current information about usage regulations and examine a current product label before applying any chemical. For assistance, contact your county Cooperative Extension agent.

324 copies of this public document were printed at a cost of \$124.94 or .3856 per copy.

Special Note: Registration for events listed in this calendar are required unless otherwise noted. Register by calling (336) 401-8025.

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